

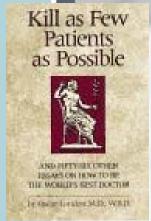
Evidence-Based Medicine Introduction

成功大學醫學院附設醫院 婦產部婦女腫瘤科 實證醫學教學小組婦產部負責人 實證醫學多媒體教學系統設計



黃于芳 醫師

EBM涵意



*"Kill as Few Patients as Possible"

- Oscar London



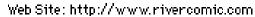
I will prescribe regimens for the good of my patients according to my ability and my judgment and never do harm to anyone.

- Hippocratic Oath







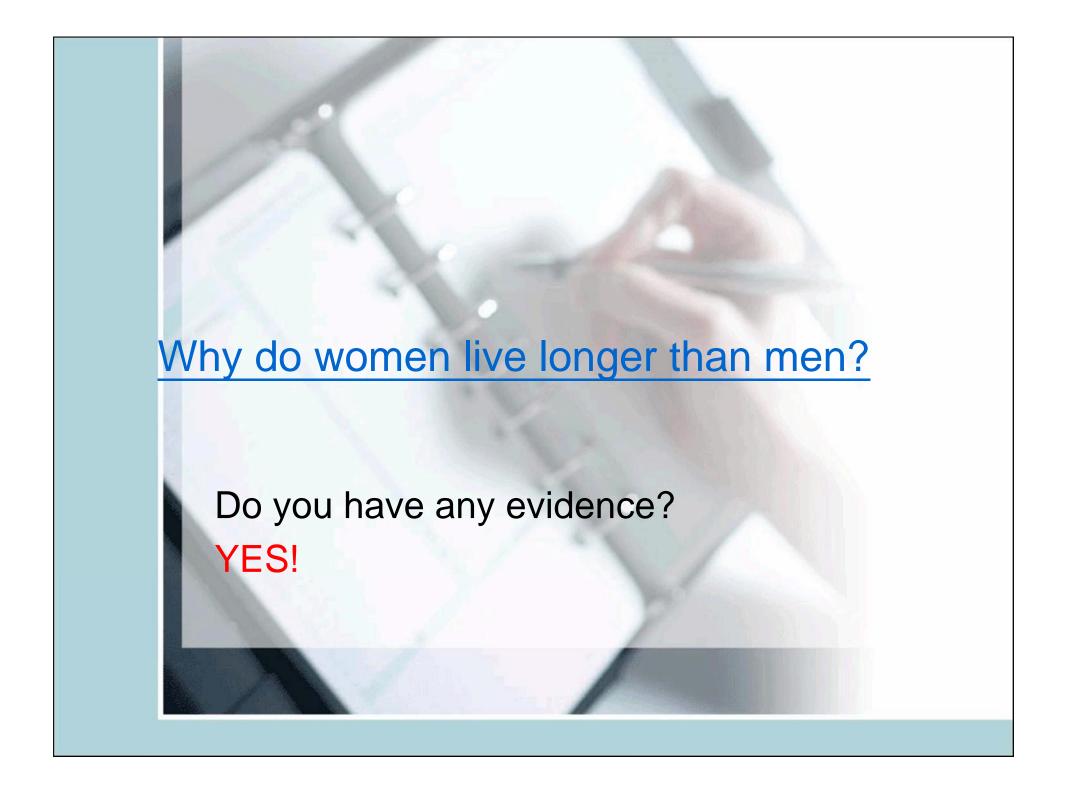




證據?



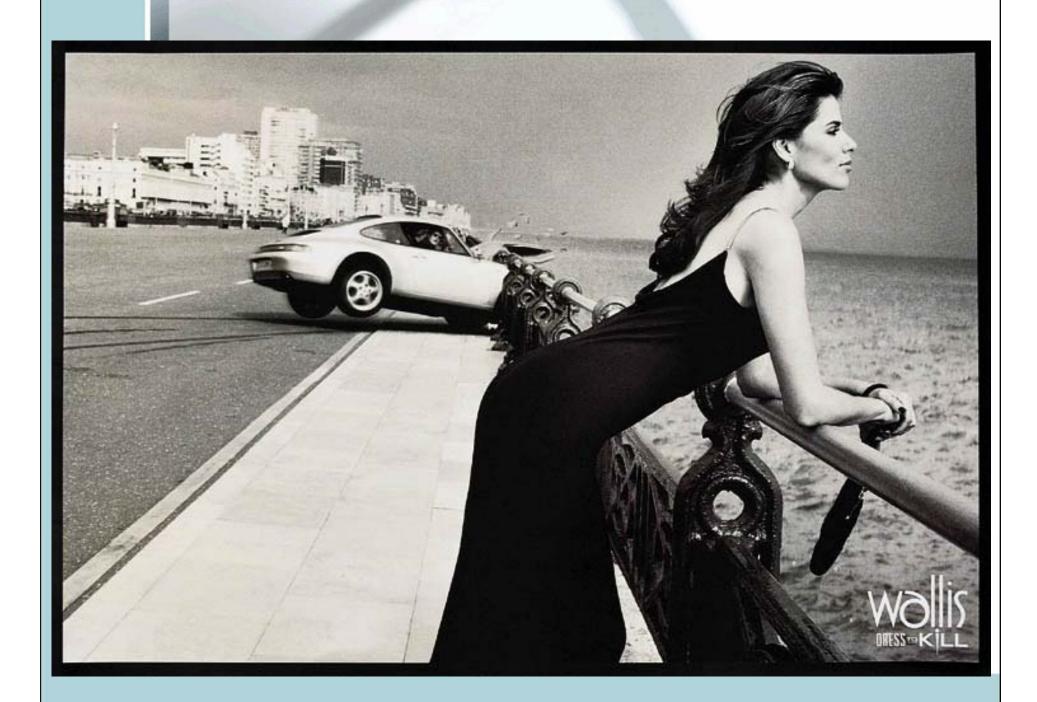
根據最新研究...... 根據實驗報告...... 根據臨床試驗...... 根據多年經驗...... 根據實際案例.....



平均餘命

年別	IJ	中民	華國	美	或	日	本	德	. 或	英	或	南	韓	新力	巾坡	法	或	香	港		·國 :陸
			女	男	女	男	女	男	女	男	女	男	女	男	女	男	女	男	女	男	女
82年 1993	A	.6	77.5	72	79	76	82	72	78	73	78	67	75	72	77	73	81	75	80	68	71
89年 2000	70	.8	79.6	74	79	77	84	74	80	74	80	71	78	76	80	75	82	77	82	69	73
96年 2007	7.5	.5	81.7	75	80	79	86	76	82	77	81	75	82	78	82	77	84	80	86	71	74

資料來源: "World Population Data Sheet" of Population Reference Bureau、內政部統計處2008/12/24



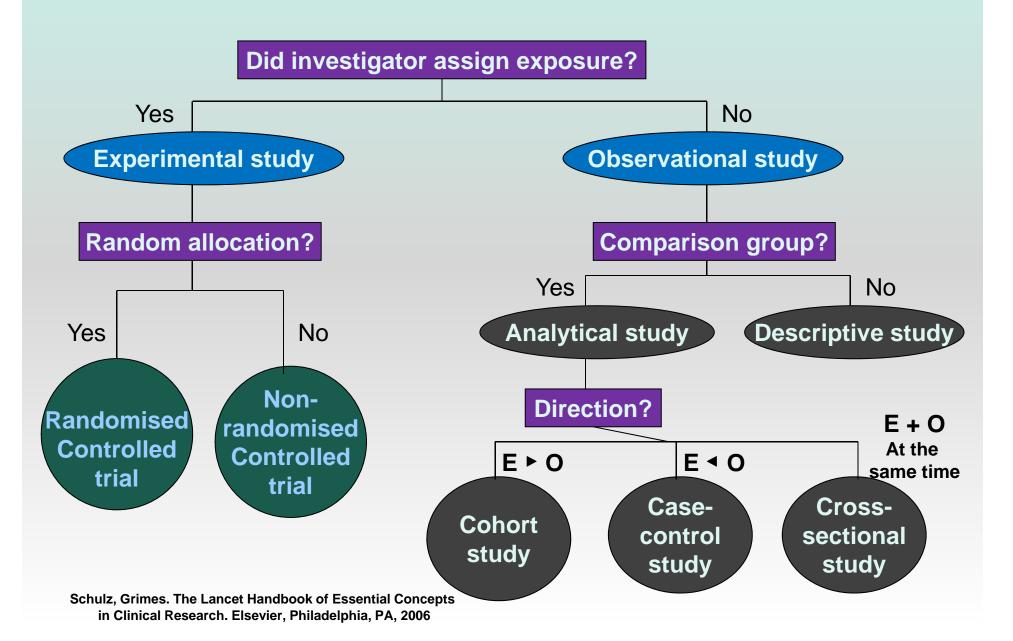


以上舉出範例(觀察到的現象)支持你的假設...

IT IS JUST AN EXAMPLE OF:

BARRIER FROM EXPERIMENT TO EVIDENCE

Algorithm for classification of types of clinical research



你還需要進行驗證,才能得到真實的證據。

接著,即使你有證據支持你...

THE NEXT IS AN EXAMPLE OF

BARRIER FROM EVIDENCE TO PRACTICE (E2P)

Systematic review of bed rest after medical procedures

- 10 trials of bed rest after spinal puncture
 - no change in headache with bed rest
 - Increase in back pain
- Protocols in UK neurology units 80% still recommend bed rest after LP

Serpell M, BMJ 1998;316:1709-10

...evidence of harm available for 15 years preceding...

◆ 你知道臨床上有許多這類的例子, 每天一直重複發生?

可以避免?可以,常常更新知識,評估實用性。

實證醫學的發展源起

- ◆醫學研究與 臨床應用的落差
- → 心臟衰竭:→β-Blocker
- ▶ 糖尿病腎病變→ACE inhibiter

實證醫學

- ◆霍亂的治療方式
- ▶醫界權威:
- →白蘭地酒+鴉片酊+放血
- **▶1832 WB O'Shaughnessy:**
- → 脫水需補充水分和鹽
- →77年後才被接受

實驗醫學



二十世紀

經驗醫學



十九世紀中期法國巴黎

Claude Bernard(1813-78)

觀察 推論 實驗 解答

Louis Pasteur (1822-95)

科學家不應提出任何沒有實驗證明的建議

Ernest Amory Codman (1869-1940)

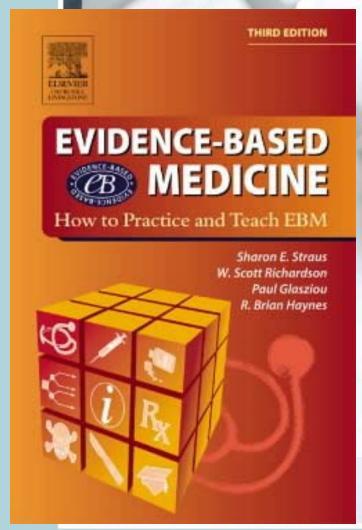
實證醫學三要素(臨床使用層面) 統計分析 電子文獻資源 研究分類 搜尋最佳證據 協作組織/ 臨床試驗或研究 指引發展組織 病患或家屬 參與治療計畫 臨床經驗

 "Evidence-based medicine is the integration of best research evidence with clinical expertise and patient values"

- Sackett, et al 2001

將所能得到的最佳文獻證據、醫護人員的臨床 經驗、與患者的期望三者相結合,應用於臨床 工作中。

EBM-How to Practice and Teach











2005

Cochrane Centers (14) and Branches



實證醫學五部曲如何進行實證醫學

3

4

形成一個可回答的

臨床問題

搜尋 最佳證據

嚴格評讀證據之 效度與重要性 將臨床專業 評估執行 與病人價值觀 效果

相結合 及效用



台北醫學大學·市立萬芳醫院實證醫學中心經授權作中文編譯,英國The Centre for Evidence-Based Medicine 及The National Library for Health, NHS所出版由Carl Heneghan及Paul Glasziou撰寫之Quesions Log: A tool for 'just in time' learning手冊。

形成3-part問題

臨床問題:

臨床問題分類:	〇 治療 〇 預防	○ 傷害 ○ 診斷	■ 其他(預後/盛行	· [率/成本效益分析等]
日本の	/(杲庵) A 密療 Versus	介入(渠 處) B	建康相關問題 in	患者族群
0	醫療介入/(杲 廖)	健康相關問題	患者 in	族群/地區
0	衛工具A Versus	診斷工具 B for	標的疾病 in	患者族群
0	診斷工具	標的疾病	in	患者族群
0	以上是常見的問題格式,如	如果您的問題皆無法套用以上格式	<mark>。, </mark>	

形成一個可回答的臨床問題

P (population/ patient/ problem)

病人或族群的年 齡層、體質、疾 病史、過去史

例如 A 45 yearold woman with a history of coronary artery dz (intervention/ indicator/ exposure)

治療、診斷、預 後、成本效益分 析等研究的主題

例如 Hormone replacement therapy

(comparator/control)

有無其他方式或 選擇**?**

例如 Placebo

(outcome)

效果是甚麼?或是預計的結果?

例如 Prevention of secondary coronary artery dz

PICO的好處: (1)聚焦問題,容易找到關鍵字。(2)分辨臨床問題的型態,例如治療、傷害、診斷、預後等類別。(3)協助瞭解何者是最好且最適合之研究設計,據此而產生之研究結果才是最佳證據等級的文獻。

衛生政策數位學院 http://ehealthpolicy.nhri.org.tw/lecture.htm ,實證醫學資料庫推廣專案種子師資培訓營



Educational Prescription

PatientsName

Learner:

3-part Olinical Question

Target Disorder:

intervention (+/- comparison):

Crutcom e:

Date and place to be tilled:

Presentation will cover:

- 1. search strategy;
- 2 . search results;
- 3, the validity of this evidence;
- 4 . the importance of this valid evidence;
- Silican this valid, important evidence be applied to your patient;
- 6. your evaluation of this process.

搜集最佳證據

PICO 問題轉譯成適當關鍵字,組織檢索語句



選擇合適之資訊資源檢索



適當使用布林邏輯 AND, OR,, 縮小搜尋結果至約10至30篇



使用資訊技術協助搜尋,配合搜尋輔助工具與 MeSH 語法

MeSH 醫學專業詞彙

eg. PubMed Clinical Query

eg. [dp] = date of publish; [ptyp] = publication type

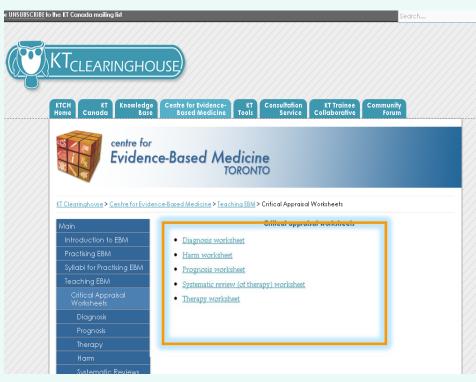
Critical Appraisal WorkSheet

CASP UK Website



http://www.casp-uk.net/

Centre For Evidence-Based Medicine KT Clearinghouse



http://www.cebm.utoronto.ca/teach/materials/caworksheets.htm

Self-evaluation in asking answerable questions

- 自己每天是否問至少一個臨床問題?
- 自己是否將問題解剖為3-part question?
- 自己提出問題時是否會無法明確表達出來?
- 是否有先收集好臨時問題,在預定時間內找出答案的規劃?
- 自己提問可回答的問題之成功率是否持續增加?
- **己是否會記錄educational prescriptions?**

Self-evaluation in finding the best external evidence

- 自己會常常上網搜尋資料?
- 自己是否熟悉提供臨床實用最新證據的資料庫?
- 是否常常應用軟硬體資源搜尋最佳證據?
- 是否已經找到自己最常使用的資料庫資源?
- 是否已經是高效率之搜尋高手?
- 是否已會使用MeSH,限制功能等工具或進階技巧?



- 是否自己會常常評讀證據?
- 是否自己很容易應用評讀工具來評讀?
- 是否自己越來越有效率與正確使用評讀常用的公式?
- 是否自己常常新增評讀主題?



- 是否自己常常評讀證據並應用於臨床?
- 是否自己在臨床決策時會化解不同意見造成的衝突?
- 是否自己會再次檢視自我應用實證方法在診治上的表現?

EBM文獻類別



Based on material from SUNY Downstate Medical Center/Medical Research Library of Brooklyn

http://library.downstate.edu/EBM2/2100.htm

Cochrane Systematic Reviews Other SRs & Meta-Analyses Evidence Guidelines **Evidence Summaries** RCTs Case Cohorts, **Control Studies** Clinical Research Critiques Other Reviews of the Literature Case Reports, Case Series, Practice Guidelines, etc. Clinical Reference Texts

http://healthlinks.washington.edu/ebp/ebptools.html

Pyramid modified from "Navigating the Maze",

University of Virginia, Health Sciences Library

The "best" evidence to answer different types of questions:

Question type	Study design					
Therapy/Prevention	Randomized control trial (RCT)					
Etiology	Cohort study > Case control > Case series study					
Prognosis	Cohort study > Case control > Case series study					
Diagnostic test	Prospective, blinded cross-sectional study comparing with gold standard					
Cost effectiveness	Economic analysis					

Oxford Centre for Evidence-Based Medicine 2011 Levels of Evidence

Question	Step 1 (Level 1*)		Step 3 (Level 3*)	Step 4 (Level 4*)	Step 5 (Level 5)
How common is the problem?	surveys (or censuses)	that allow matching to local circumstances**	Local non-random sample**	Case-series**	n/a
Is this diagnostic or monitoring test accurate? (Diagnosis)	of cross sectional studies with consistently applied reference	l .	Non-consecutive studies, or studies without consistently applied reference standards**	Case-control studies, or "poor or non-independent reference standard**	Mechanism-based reasoning
	Systematic review of inception cohort studies	Inception cohort studies	Cohort study or control arm of randomized trial*	Case-series or case- control studies, or poor quality prognostic cohort study**	n/a
	of randomized trials or <i>n</i> -of-1 trials		Non-randomized controlled cohort/follow-up study**	studies, or historically controlled studies**	Mechanism-based reasoning
COMMON harms? (Treatment Harms)	trials, systematic review	or (exceptionally) observational study with dramatic effect	Non-randomized controlled cohort/follow-up study (post-marketing surveillance) provided there are sufficient numbers to rule out a common harm. (For long-term harms the duration of follow-up must be sufficient.)**	Case-series, case-control, or historically controlled studies**	Mechanism-based reasoning
	trials or <i>n</i> -of-1 trial	Randomized trial or (exceptionally) observational study with dramatic effect			
, , , ,	Systematic review of randomized trials		Non -randomized controlled cohort/follow-up study**	Case-series, case-control, or historically controlled studies**	Mechanism-based reasoning

^{*} Level may be graded down on the basis of study quality, imprecision, indirectness (study PICO does not match questions PICO), because of inconsistency between studies, or because the absolute effect size is very small; Level may be graded up if there is a large or very large effect size.

^{*} OCEBMTable of Evidence Working Group = Jeremy Howick, Iain Chalmers (James Lind Library), Paul Glasziou, Trish Greenhalgh, Carl Heneghan, Alessandro Liberati, Ivan Moschetti, Bob Phillips, Hazel Thornton, Olive Goddard and Mary Hodgkinson

LOE 2

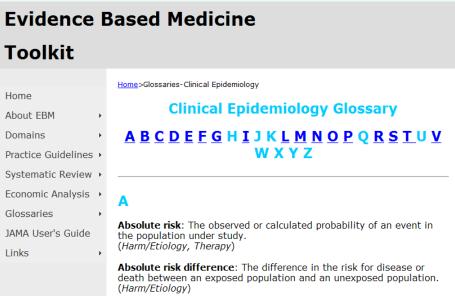
- 問題(疾病)多常發生?(盛行率)
- 診斷或監測工具是否準確?(診斷)
- 如果不採取介入會有什麼狀況?(預後)
- 介入是否對患者有益? (治療益處)
- 介入引起哪些常見副作用? (治療副作用)
- 介入引起哪些少見副作用? (治療副作用)
- 是否早期診斷(偵測)工具值得推廣? (篩檢)

EBM相關名詞解釋

國家衛生研究院實證臨床指引平台



Evidence Based Medicine Toolkit Clinical Epidemiology Glossary



Absolute risk reduction (ARR): the difference in the absolute risk

http://ebpg.nhri.org.tw/Module/Content.aspx?catalog=94

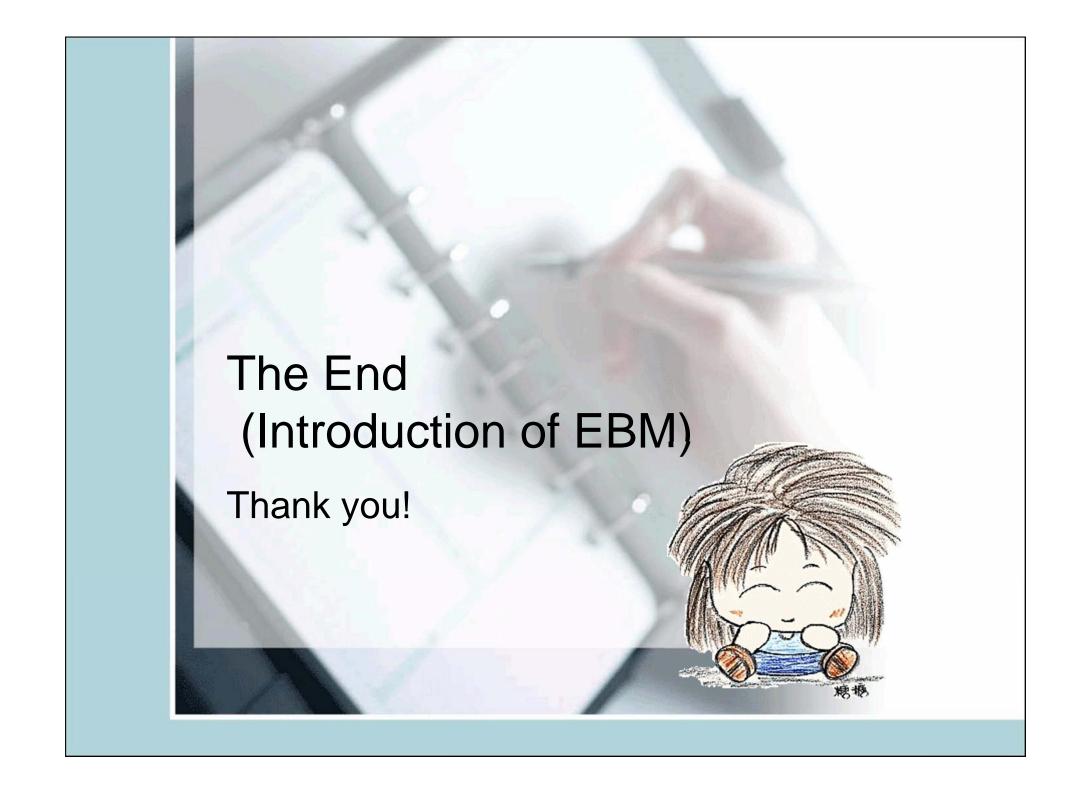
http://www.ebm.med.ualberta.ca/Glossary.html



一位五十歲女性,因更年期症狀來診,提到 因感到記憶力變差,新聞說吃銀杏可改善 記憶力,問醫生可不可行。

形成3-part問題

臨床問題: 預防 ● 傷害 ◯ 診斷 臨床問題分類: ● 治療 其他(預後/盛行率/成本效益分析等) 醫療介入/(果園) A **醫療**介入/(**杲霞**) B 健康相關問題 患者族群 Improvement of memory loss О Placebo Ginkgo Versus Postmenopausal women 醫療介入/(果露) 健康相關問題 患者族群/地區 0 for in 診斷工具 B 標的疾病 診斷工具A 患者族群 О Versus for in 診斷工具 標的疾病 患者族群 0 以上是常見的問題格式,如果您的問題皆無法套用以上格式,請將問題書寫於下方欄位





文獻搜尋

成大醫院婦產部黃于芳醫師

Review the World Literature Fortnightly*



"I'm OK . . . just a little too much 'push' technology."

Managing Information "Push" and "Pull" methods



- -"Just in Case" learning
 - •Use ONLY for important, new, valid research



•Use whenever questions arise

•EBM Steps: Question; search; appraise; apply

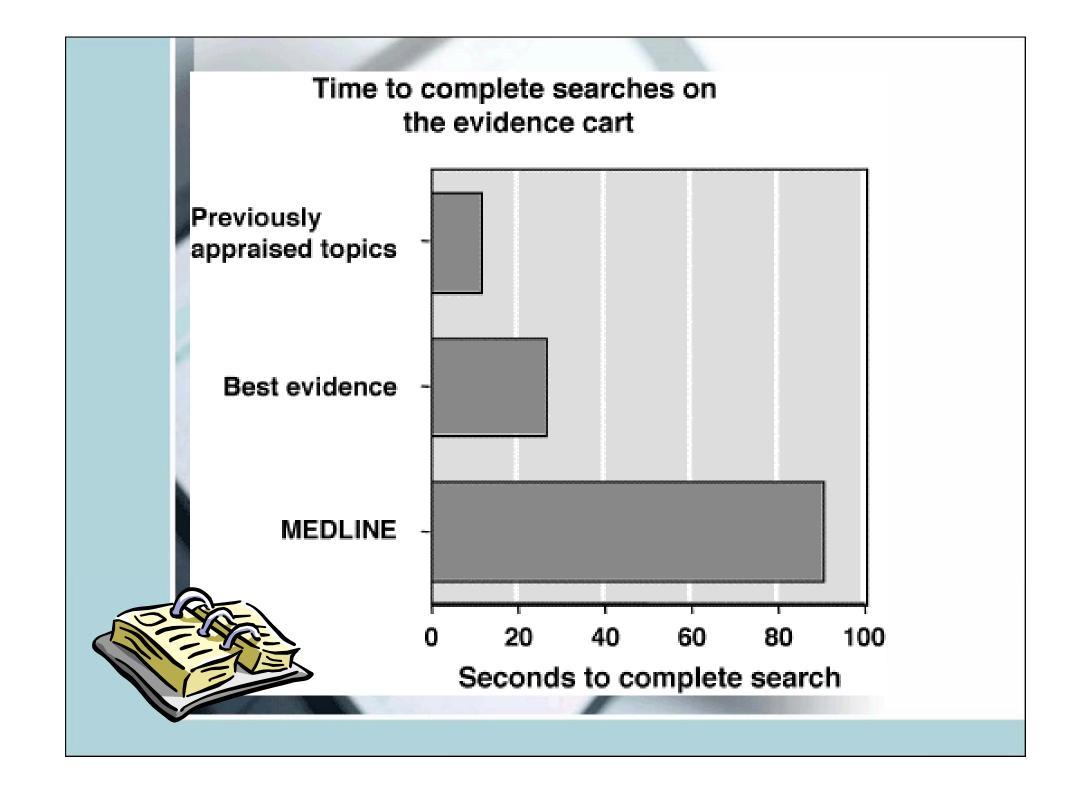


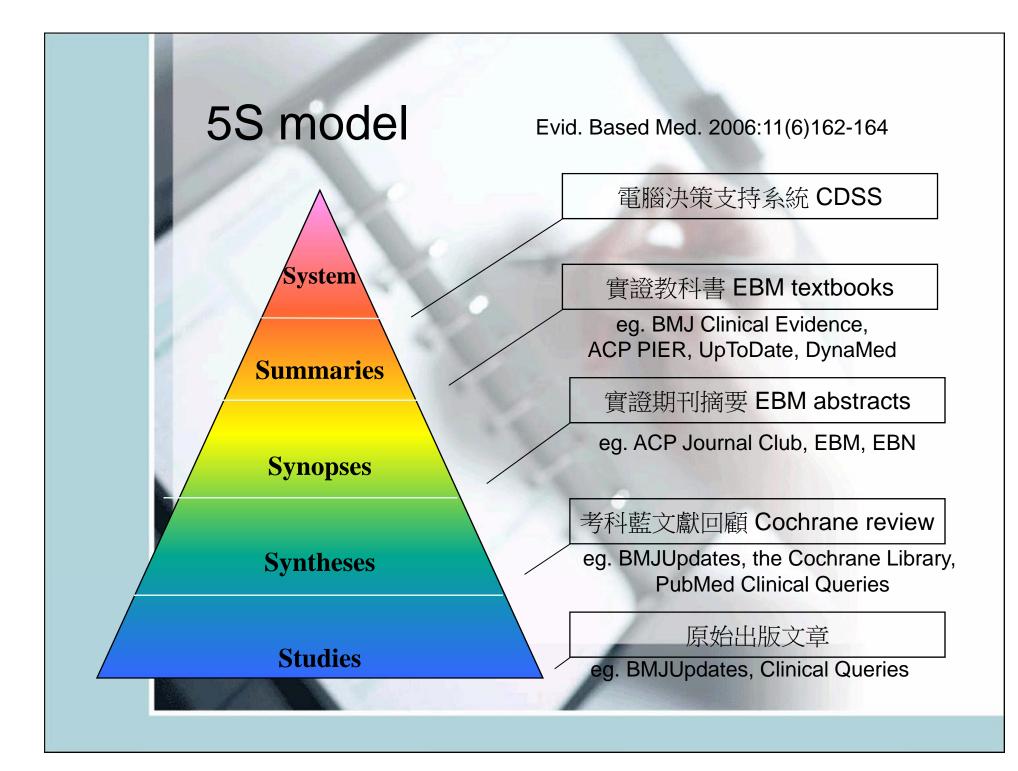


Managing Information

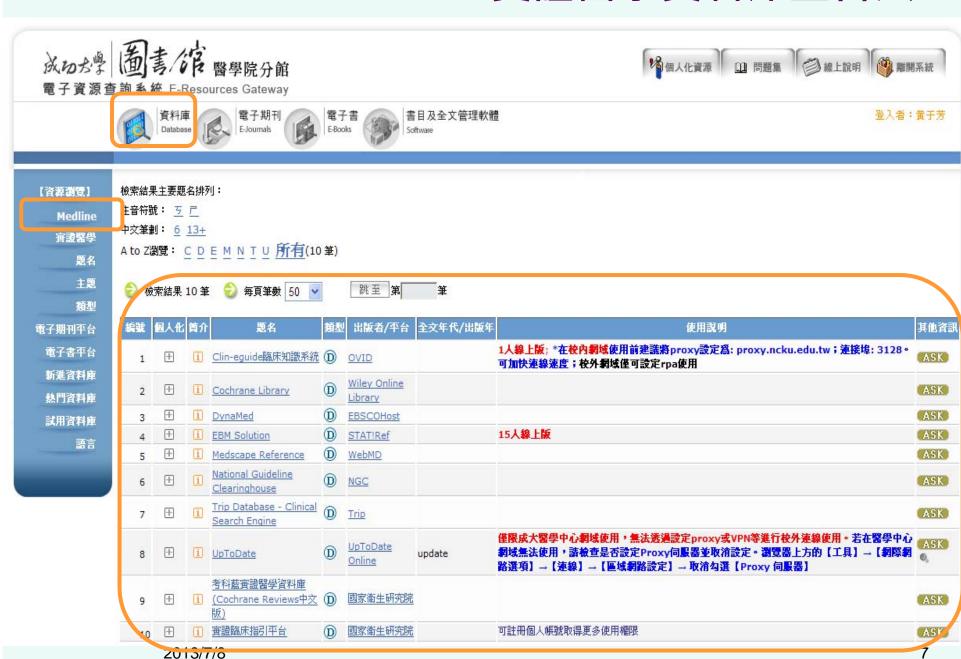
- The Airline industry
 - Boeing 777 manuals
 - 24 binders
 - 10 feet shelf space
 - Conversion to CD
 - Reduced search by 60%
- The Health Industry
 - Memorize "the manuals"
 - Exams, audits, etc to check

Glasziou





實證醫學資料庫整合入口



臨床實證醫學資料庫

- 1. Clin-eguide臨床知識系統
- 2. Cochrane Library 實證醫學資料庫
- 3. Dynamed 每日更新臨床實證資源
- 4. EBM Solution 實證醫學資料庫
- 5. Medscape Reference
- 6. National Guideline Clearinghouse
- 7. Trip Database-Clinical Search Engine
- 8. UpToDate 臨床醫學主題評論資料庫
- 9. 實證臨床指引平台

EBM文獻類別	資料庫	EBM 5S Model
Systematic Review	Cochrane Library (Cochrane Reviews & DARE)	Syntheses
Evidence Summary	 BMJ Clinical Evidence DynaMed EBM Solution (ACP PIER) UpToDate MD Consult (First Consult) Clin-eguide (Evidence-based Guidelines) 	Summary
RCTs, Case Cohorts, Control Studies	Cochrane Library (Clinical Trials)	Syntheses
Clinical Research Critiques	EBM Solution (ACP Journal Club)	Synopses
Meta-Search Engine	 MD Consult Clin-eguide 	Medical Topics, E- books, E-journals, Guidelines
	The Property of the Property o	

University of Washington Resources http://healthlinks.washington.edu/ebp/ebptools.html

Haynes, R.(2006). Of studies, syntheses, synopses, summaries, and systems: the "5S" evolution of information services for evidence-based healthcare decisions. *Evidence-Based Medicine*,11, 162-164. http://ebm.bmj.com/cgi/content/full/11/6/162-a

Cochrane Library 實證醫學資料庫

- Cochrane Reviews(CDRS):提供疾病與健康照護問題系統性評論與治療效果結論全文。
- Other Reviews(DARE):提供診斷測試、公共衛生、藥理學、外科醫學、心理學等系統性評論摘要與特殊療法效用。
- Clinical Trials(CENTRAL):臨床實驗計畫索引。
- Methods Studies(CMR): 臨床實驗計畫摘要, 蒐集各 實驗方法資訊。
- Technology Assessments(HTA):全球健康管理技術 (即醫療科技)評估計畫索引
- Economic Evaluations (NHSEED):治療方式比較、 成本、效果等醫療經濟評估文獻摘要。

2013/7/8

from The Cochrane Collaboration

SEARCH THE COCHRANE LIBRARY Title, Abstract, Keywords

3.Basic Search

HOME 🏤 SIGN UP

LEARN :

ACCESS 🔓

HELP (A)

or try an Advanced Search

4.Advanced Search 5.MeSH Search

COCHRANE DATABASE OF SYSTEMATIC REVIEWS

Issue 6 of 12, June 2013 (Updated Daily)| Contents

BROWSE BY TOPICS

Note: numbers shown below are wrong and w corrected soon.

Anaesthesia & pain control (1035)

Blood disorders (676)

Cancer (2124)

Child health (5529)

Complementary & alternative medicine (563)

Consumer & communication strategies (183)

Dentistry & oral health (281)

Developmental, psychosocial, & learning problems (160)

Expand =

SPECIAL COLLECTIONS



World day for Safety and Health at Work 2013



Preventing falls and fallrelated injuries in older people

schrane Evidence Aid



Tuberculosis

EDITORIALS 🔝

Waiting for the evidence from ongoing trials: the role of surgery for treating clavicle fractures

Helen Handoll & Mario Lenza

Growing pain: striving for quality, relevance and applicability in Cochrane Reviews

Christopher Eccleston, Phil Wiffen, Sheena Derry & Andrew Moore

> ould the Cochrane ion do about research might be, fraudulent?

, Nathan Pace, Jane nn Møller, Tom Pedersen Zacharias











L.Cochrane Reviews

以主題方式瀏覽評論、新增 評論、更新的評論、依字母 順排序的評論或各類評論

2.Other Resources

HIGHLIGHTED NEW AND UPDATED COCHRANE REVIEWS

Other Browse Options

Probiotics for the prevention of Clostridium difficile-associated diarrhea in adults and children

LOGIN	
Enter e-mail address	NOT REGISTERED ?
Enter password	INSTITUTIONAL LOGIN >
REMEMBER ME	



尋求圖書館員資訊檢索協助

檢索

- 使用適當的關鍵字查詢
- 訂定關鍵字查詢先後
- 利用資料庫檢索工具精確檢索結果
 - 適當使用檢索工具和運用檢索技巧查詢
 - 利用Map Term to Subject Heading比對到MeSH專業主題
 - 利用布林邏輯合併檢索結果
 - 限制性條件
 - 相關詞彙,臨床觀念改變,需要不同的查詢用詞

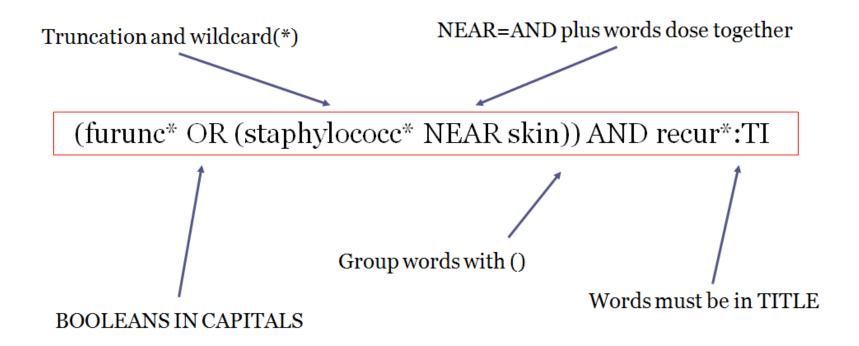
不同實證資源中查找

適當引用臨床指引 (Clinical Practice Guideline, CPG)或教科書資訊

- 直接提供問題解答
- 可供間接參考,修正更深入思考模型,或釐清原先不清楚的關鍵字,把問題問更好
- 可特別說明「臨床指引」資料庫的查詢結果,交代哪些醫學會對怎樣的問題有共識

記錄檢索之詞彙、策略、檢索資源、檢索結果筆數、文獻年代、文獻特性

Search strategy

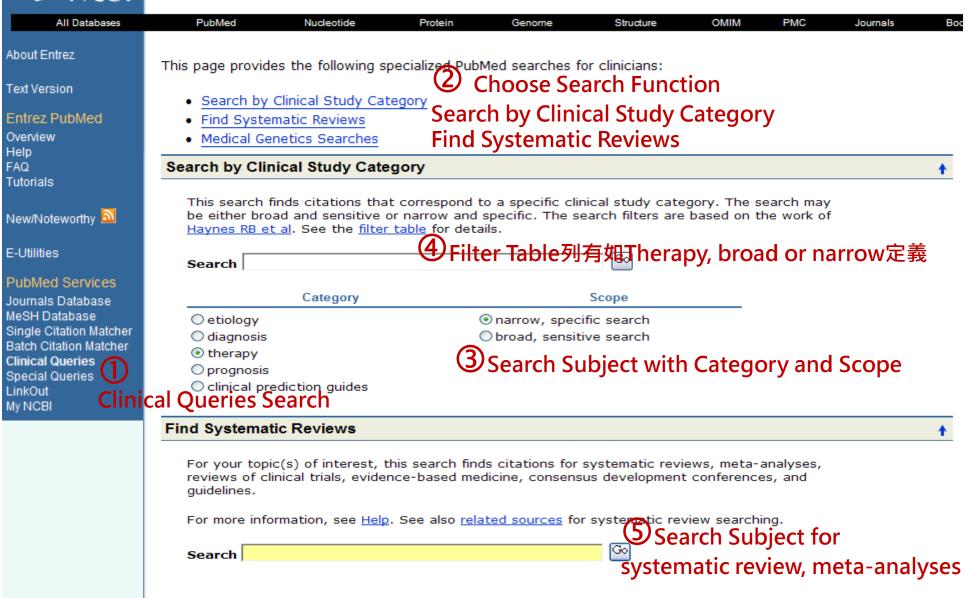


From: Question Log: A Tool for "just-in-time" Learning

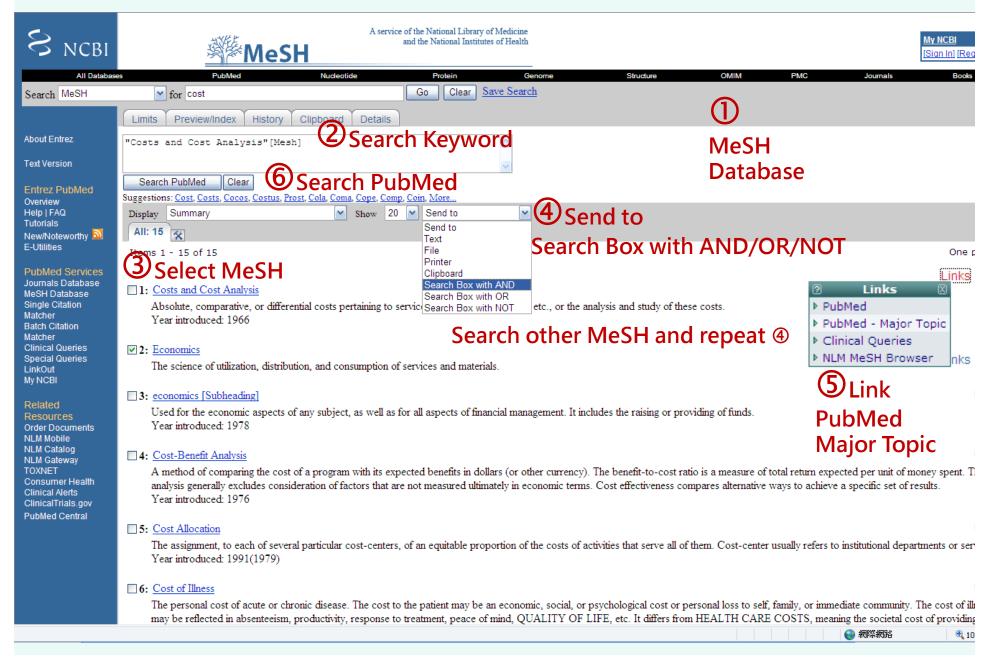
PubMed



PubMed Clinical Queries

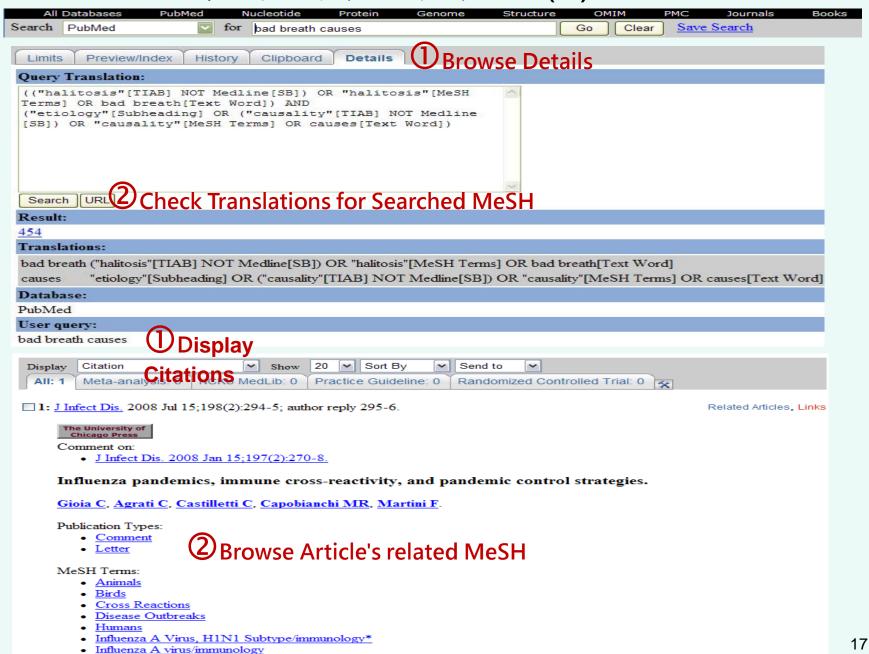


PubMed—檢索詞彙如何修正(1)



PubMed—檢索詞彙如何修正(2)

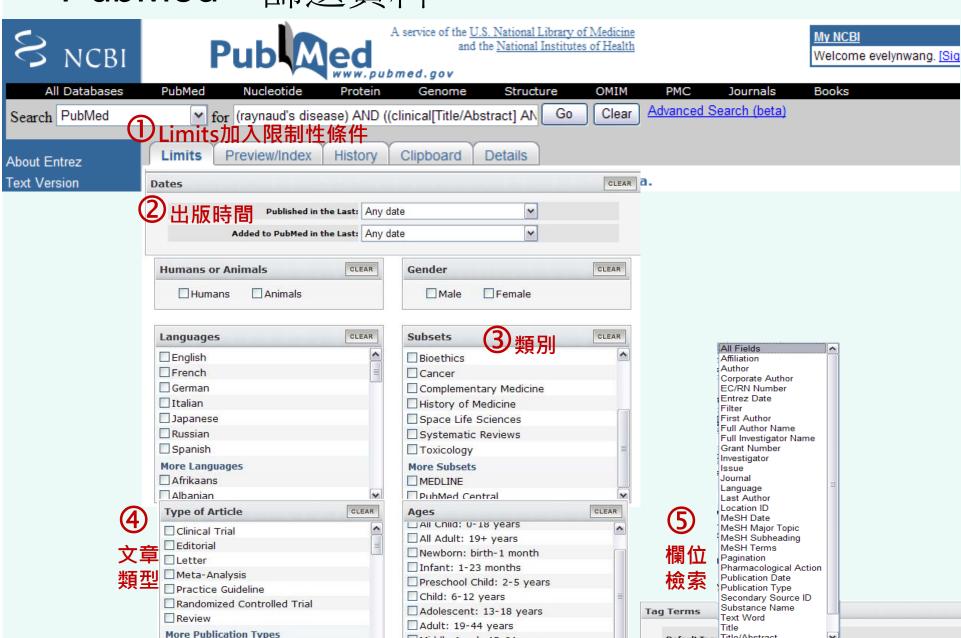
Influenza Vaccines/immunology



PubMed—篩選資料

Addresses

Bibliography



Middle Aged: 45-64 years

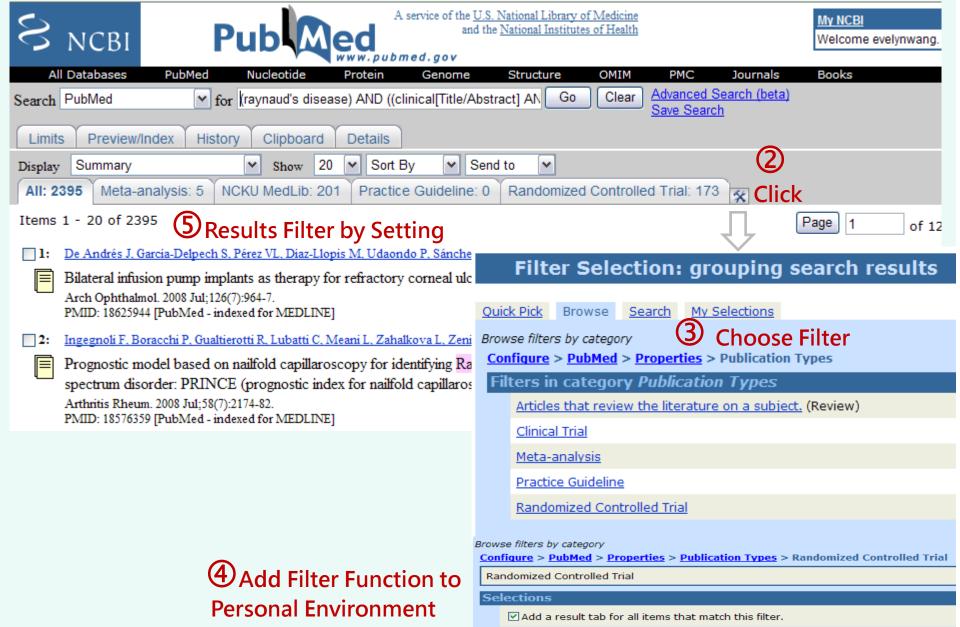
□ ^--J. CF. ...

☐ Middle Aged + Aged: 45+ years

Default Tag: Title/Abstract

PubMed—篩選資料





Search Strategies For Therapy/Prevention

Step 1. Searching the Disease or Disorder

- Enter terms best describing the disease or disorder.
- Possible Subheadings (for broadest coverage, select "all subheadings")
 - Diet Therapy (DH)
 Drug Therapy (DT)
 Prevention & Control (PC)

- Radiotherapy (RT)
 Rehabilitation (RH)
 Surgery (SU)

- Therapy (TH)
- Transplantation (TR)

Step 2. Searching for the Intervention

- Enter terms best describing the intervention.
- Possible subheadings (for broadest coverage, select "all subheadings")

 - Administration and dosage (AD)
 Therapeutic use (TU)
 Pharmacology (PD)

Step 3. Combine Previous Searches with boolean operator "and"

Step 4. Quality Filters for Therapy/Prevention Articles

- Quick Filter
 - Ovid Medline: (randomized controlled trial or meta analysis).pt. or double blind\$.tw.
 - PubMed: randomized controlled trial [ptyp] OR systematic review[ptyp] OR double blind* [word] OR "double-blind-method" [mh]
- Clinical Queries

Search Strategies For Diagnosis

Step 1. Searching the Disease or Disorder

- Enter terms best describing the disease or disorder.
- Possible Subheadings (for broadest coverage, select "all subheadings")
 - Diagnosis (DI)

- Analysis (AN)
- •Blood (BL)

- Radiography (RA)
- Cerebrospinal Fluid (CF)
 Pathology (PA)
 Radionuclide Imaging (RI)
 Ultrasonics (US)
 Urine (UR)

Step 2. Searching for the Intervention

- Enter terms best describing the intervention.
- Possible subheadings (for broadest coverage, select "all subheadings")
 - Diagnostic use (DU)
 Analysis (AN)
- Blood (BL)

- Cerebrospinal Fluid (CF)
 Urine (UR)

Step 3. Combine Previous Searches with boolean operator "and"

Step 4. Quality Filters for Diagnosis Articles

- Quick Filter
 - Ovid Medline: exp "sensitivity and specificity"/ or exp diagnostic errors/ or predictive value\$.tw.
 - PubMed: "sensitivity and specificity" [mh] OR diagnostic errors [mh] OR predictive value* [word]
- Clinical Queries

Search Strategies For Prognosis

Step 1. Searching the Disease or Disorder

- Enter terms best describing the disease or disorder.
- Possible Subheadings (for broadest coverage, select "all subheadings")
 - Classification (CL)
 - Complications (CO)
 - Diagnosis (DI)
 - Epidemiology (EP)
 - Etiology (ET)
 - Mortality (MO)
 - Physiopathology (PP)

Step 2. Combine Previous Searches with boolean operator "and"

Step 3. Quality Filters for Prognosis Articles

- Quick filter
- Ovid Medline: exp cohort studies/ or exp survival analysis/
- PubMed: Cohort studies [mh] OR survival analysis [mh]
- Clinical Queries

Search Strategies For Harm/Etiology

Step 1. Searching the Suggested Source of Harm

- Enter terms best describing the source of harm.
- Possible Subheadings (for broadest coverage, select "all subheadings")
 - Adverse Effects (AE)
- Contraindications (CT)
- Poisoning (PO)
 - Toxicity (TO)
- Mortality (MO) (not always an option)

Step 2. Searching for the Relevant Disorder/ Anticipated Outcome

- Enter terms best describing the disease or disorder/outcome.
- Possible Subheadings (for broadest coverage, select "all subheadings")
- Abnormalities (AB)
 Chemically Induced (CI)
 Etiology (ET)
 Mortality (MO)
- Epidemiology (EP)

Transmission (TM)

Step 3. Combine Previous Searches with boolean operator "and"

Step 4. Quality Filters for Harm/Etiology Articles

- Quick Filter
- Ovid Medline: case control studies/ or cohort studies/ or risk/
- PubMed: case-control studies [mh:noexp] OR cohort studies [mh:noexp]
- Clinical Queries

Search Strategies For Others

Practice Guideline

- Ovid Medline: Additional Limits ---> Publication type---> Limit to Practice Guidelines
- Pubmed : Limits Section --> Under Type of Article --> Limit to Practice Guideline

Systematic Review

- Ovid Medline with Ovid EBMR: Limits ---> EBM Reviews ---> Limit to Top Reviews (Cochrane)
- Ovid Medline : Additional Limits ---> Subject Subsets --> Limit to Systematic Review
- Pubmed : Clinical Queries Section--> Search using Systematic Reviews search box

Articles on Economic Analysis

- Cochrane Library includes and Economic Evaluations database that can be searched by Critically Appraised Economic Evaluations
- Combine Searches as below with boolean operator "and"
 - Ovid Medline:
 - 精確查詢: ec.fs (adding the subheading economics to your search terms)
 - cost\$ or economic\$
 - Pubmed : cost\$ or economic\$
- Quick Filters
 - Ovid Medline : Additional Limits Section --->Clinical Queries box-->limit to ecomomics
 - Pubmed : MeSH Database Section--> Search using the exact phrase "cost and cost analysis"

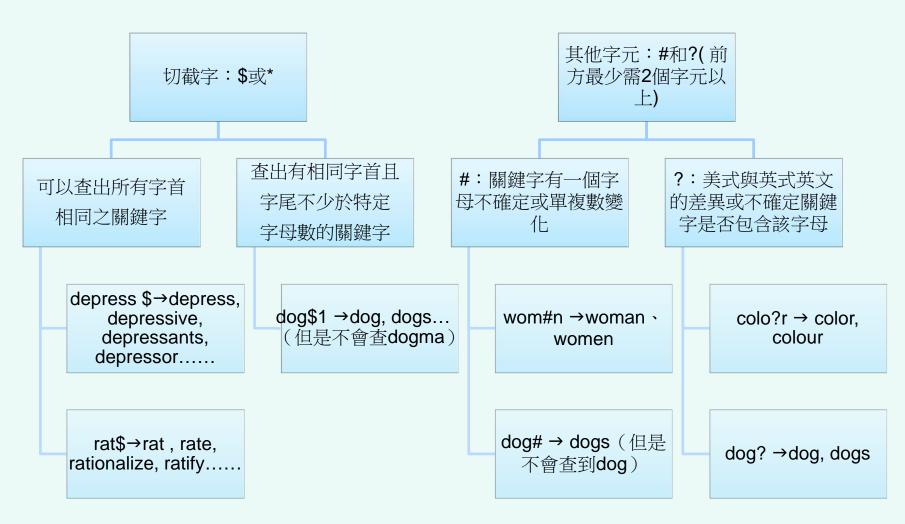
實用技巧-布林邏輯與運算元

萬用字元符號於每個資料庫定義不同,需針對個別資料庫設定而使用

運算元	OVID範例
OR	•(pregnancy or birth).ti. •1 or 2 or 3 or 5=or/1,2,3,5=or/1-3,5
AND	 (pregnancy and birth).ti. 1 and 2 and 3 and 5=and/1,2,3,5=and/1-3,5
Not 排除	 •(education not patient education).ti. •safety not patient safety.ti.⇒safety.mp not patient safety.ti •safety not patient safety⇒safety.mp not patient safety.mp •1 not 2
AdjN 指定距離	physician adj5 relationship(information adj3 retrieval).tw.
Freq 關鍵字出 現頻率	●blood pressure.ab./freq=10 ●(information adj3 retrieval).tw./freq=5 一次僅指定一個欄位;且組合型欄位如SO無法使用Freq.

成功大學圖書館醫學院分館,2008-07-09(三)「實證醫學/護理在Medline」教育訓練會,飛資得資訊股份有限公司李紹迪小姐主講。

實用技巧-切截字與萬用字元



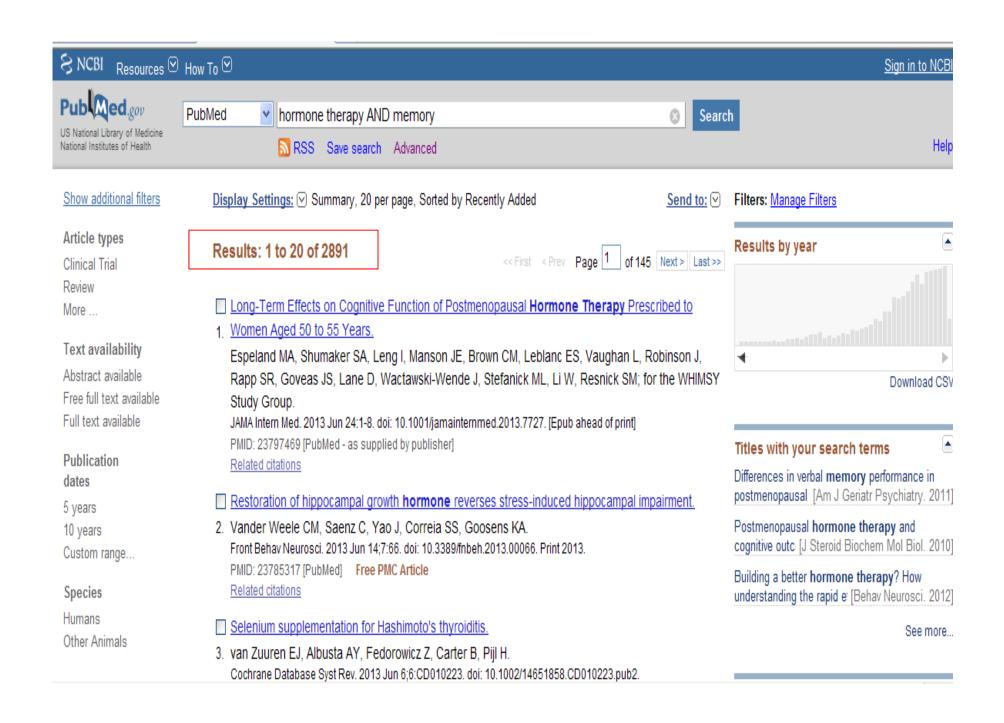
成功大學圖書館醫學院分館,2008-07-09(三)「實證醫學/護理在Medline」教育訓練會,飛資得資訊股份有限公司李紹迪小姐主講。

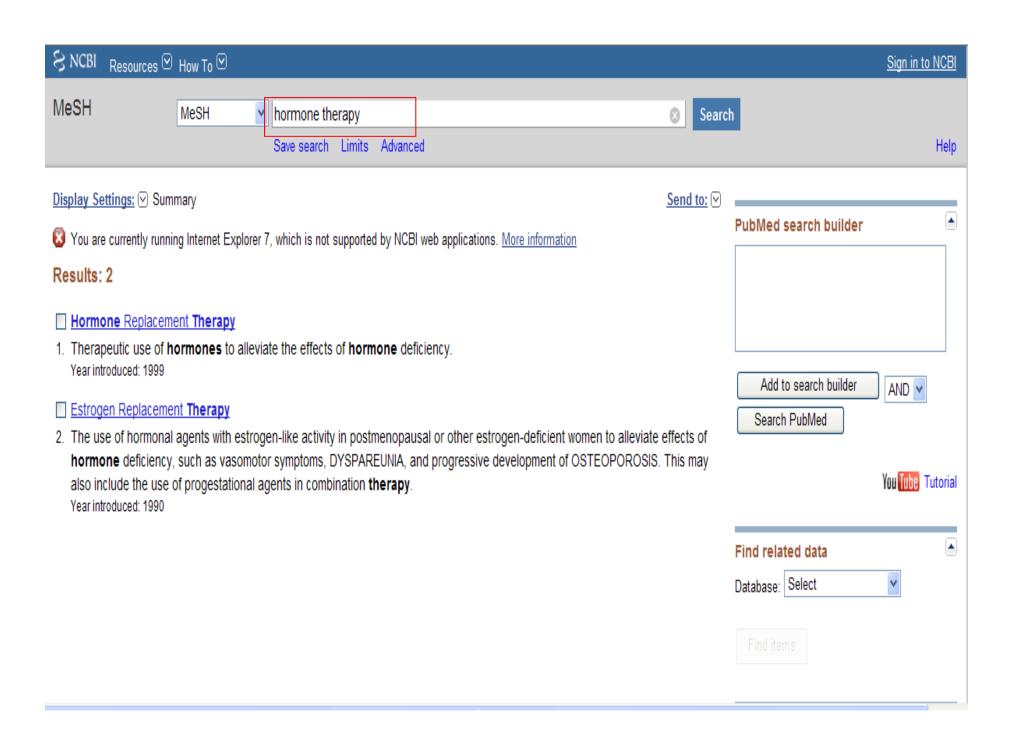


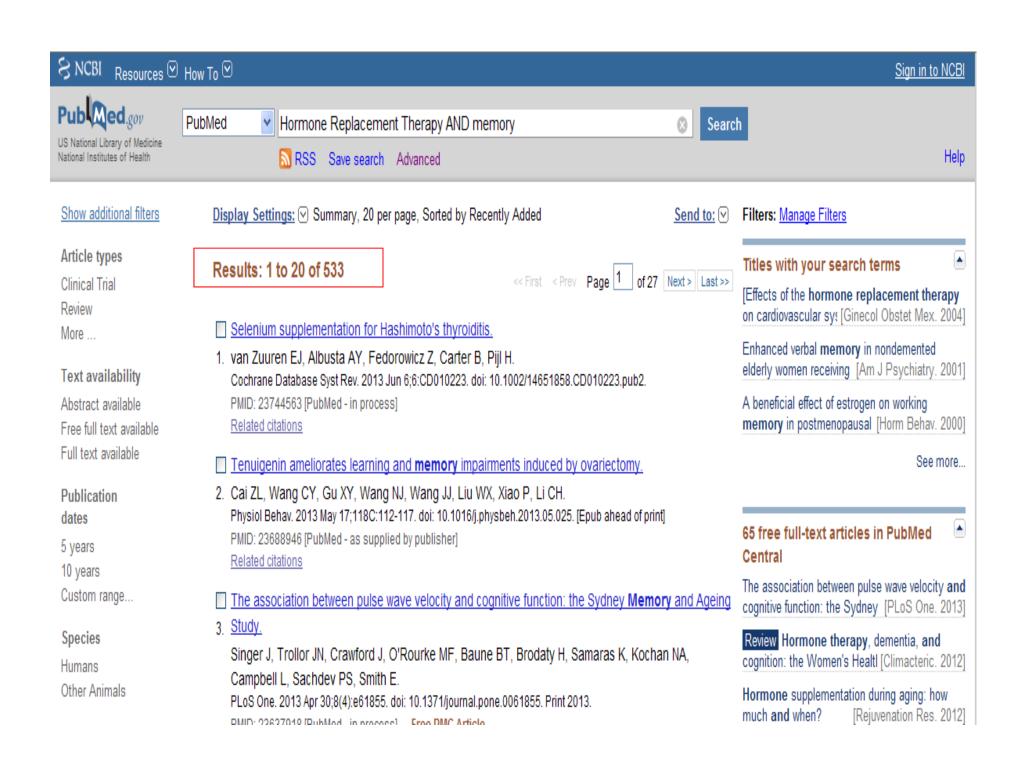
一位五十歲女性,因更年期症狀來診,提到 因感到記憶力變差,新聞說吃荷爾蒙可改 善記憶力,問醫生可不可行。

Estrogen deficiency

- Aging
- Surgical menopause
- Menopausal symptoms
- Memory loss
- Bone loss
- Sexual dysfunction
- Hormone therapy?
 - Benefits Vs Harm







PubMed Advanced Search Builder

History



Download history Clear history

Use the builder below to create your search			
<u>Edit</u>			Clear
Builder			
All Fields	0	Show index list	
AND V All Fields V	00	Show index list	
Search or Add to history			

Search	Add to builder	Query	Items found	Time
<u>#5</u>	Add	Search Hormone Replacement Therapy AND memory	<u>533</u>	19:46:13
<u>#4</u>	Add	Search Hormone Replacement Therapy	<u>27877</u>	19:45:58
<u>#2</u>	Add	Search hormone therapy AND memory	<u>2891</u>	19:42:55
<u>#1</u>	Add	Search hormone therapy	<u>483978</u>	19:42:35

PubMed Clinical Queries

Results of searches on this page are limited to specific clinical research areas. For comprehensive searches, use <u>PubMed</u> directly.

hormone replacement therapy AND) memory		⊗ Search	
Clinical Study Categories		Systematic Reviews	Medical Genetics	
Category: Therapy Scope: Broad			Topic: All	
Results: 5 of 374		Results: 5 of 41	Results: 5 of 30	
Selenium supplementation for Hashimoto's thyroiditis. van Zuuren EJ, Albusta AY, Fedorowicz Z, Carter B, Pijl H. Cochrane Database Syst Rev. 2013 Jun 6; 6:CD010223. Epub 2013 Jun 6.		Selenium supplementation for Hashimoto's thyroiditis. van Zuuren EJ, Albusta AY, Fedorowicz Z, Carter B, Pijl H. Cochrane Database Syst Rev. 2013 Jun 6; 6:CD010223. Epub 2013 Jun 6.	Developmentally-induced hypothyroidism alters the expres of Egr-1 and Arc genes and the sensitivity to cannabinoid Giné E, Echeverry-Alzate V, López-Moreno JA, López-Jimenez A, Tor	
Cognitive performance in healthy women during induced hypogonadism and ovarian steroid addback.		Mild cognitive impairment and dementia: the importance of modifiable risk factors.	Romero D, Perez-Castillo A, Santos A. Mol Cell Endocrinol. 2013 Jan 5; 365(1):119-28. Epub 2012 Oct 16.	
Schmidt PJ, Keenan PA, Schenkel LA, Berlin K, Gibson C, Rubinow DR. Arch Womens Ment Health. 2013 Feb; 16(1):47-58. Epub 2012 Nov 28.		Etgen T, Sander D, Bickel H, Förstl H. Dtsch Arztebl Int. 2011 Nov; 108(44):743-50. Epub 2011 Nov 4.	Loss of smell but not taste in adult women with Turner's syndrome and other congenital hypogonadisms.	
Growth hormone reverses streptozotocin-induced cognitive		Hormone Replacement Therapy and Cognition	Ros C, Alobid I, Centellas S, Balasch J, Mullol J, Castelo-Branco C. Maturitas. 2012 Nov; 73(3):244-50. Epub 2012 Aug 11.	
impairments in male mice. Enhanre-Brolin E, Carlsson A, Hallberg M, Nyberg F. Behav Brain Res. 2013 Feb 1; 238:273-8. Epub 2012 Nov 1. Developmentally-induced hypothyroidism alters the expression of Egr-1 and Arc genes and the sensitivity to cannabinoid		Leblanc E, Chan B, Nelson HD. 2002 Aug.	Effects of genistein and daidzein on hippocampus neuronal cell proliferation and BDNF expression in H19-7 neural cell line.	
		Aging, estrogens, and episodic memory in women. Henderson VW. Cogn Behav Neurol. 2009 Dec; 22(4):205-14.	Pan M, Han H, Zhong C, Geng Q. J Nutr Health Aging. 2012 Apr; 16(4):389-94.	
Giné E, Echeverry-Alzate V, López-Moreno JA, López-Jimenez A, Torres-		Thyroxine alone or thyroxine plus triiodothyronine replacement	Estradiol acts via estrogen receptors alpha and beta on	

PubMed Clinical Queries

Results of searches on this page are limited to specific clinical research areas. For comprehensive searches, use <u>PubMed</u> directly.

hormone replacement therapy AND memory		Search	
Clinical Study Categories	Systematic Reviews	Medical Genetics	
Category: Therapy Scope: Narrow		Topic: All	
Results: 5 of 95	Results: 5 of 41	Results: 5 of 30	
Cognitive function in association with sex hormones in postmenopausal women. Kocoska-Maras L, Rådestad AF, Carlström K, Bäckström T, von Schoultz B,	Selenium supplementation for Hashimoto's thyroiditis. van Zuuren EJ, Albusta AY, Fedorowicz Z, Carter B, Pijl H. Cochrane Database Syst Rev. 2013 Jun 6; 6:CD010223. Epub 2013 Jun 6.	Developmentally-induced hypothyroidism alters the expressi of Egr-1 and Arc genes and the sensitivity to cannabinoid Giné E, Echeverry-Alzate V, López-Moreno JA, López-Jimenez A, Torre	
Hirschberg AL. Gynecol Endocrinol. 2013 Jan; 29(1):59-62. Epub 2012 Sep 11.	Mild cognitive impairment and dementia: the importance of modifiable risk factors.	Romero D, Perez-Castillo A, Santos A. Mol Cell Endocrinol. 2013 Jan 5; 365(1):119-28. Epub 2012 Oct 16.	
Depressive symptoms, antidepressant use, and future cognitive health in postmenopausal women: the Women's	Etgen T, Sander D, Bickel H, Förstl H. Dtsch Arztebl Int. 2011 Nov; 108(44):743-50. Epub 2011 Nov 4.	Loss of smell but not taste in adult women with Turner's syndrome and other congenital hypogonadisms. Ros C, Alobid I, Centellas S, Balasch J, Mullol J, Castelo-Branco C. Maturitas. 2012 Nov; 73(3):244-50. Epub 2012 Aug 11.	
Goveas JS, Hogan PE, Kotchen JM, Smoller JW, Denburg NL, Manson JE, Tummala A, Mysiw WJ, Ockene JK, Woods NF, et al.	Hormone Replacement Therapy and Cognition Leblanc E, Chan B, Nelson HD. 2002 Aug.		
Int Psychogeriatr. 2012 Aug; 24(8):1252-64. Epub 2012 Feb 3. Testosterone improves verbal learning and memory in		Effects of genistein and daidzein on hippocampus neuronal cell proliferation and BDNF expression in H19-7 neural cell line.	
postmenopausal women: Results from a pilot study. Davison SL, Bell RJ, Gavrilescu M, Searle K, Maruff P, Gogos A, Rossell SL, Adams J, Egan GF, Davis SR.	Aging, estrogens, and episodic memory in women. Henderson VW. Cogn Behav Neurol. 2009 Dec; 22(4):205-14.	Pan M, Han H, Zhong C, Geng Q. J Nutr Health Aging. 2012 Apr; 16(4):389-94.	
Maturitas. 2011 Nov; 70(3):307-11. Epub 2011 Sep 17.	Thyroxine alone or thyroxine plus triiodothyronine replacement	Estradiol acts via estrogen receptors alpha and beta on nathways important for synantic plasticity in the mouse	

